

**GO DEEPER**

**Self-Examination Questions**

*Do you believe the enemy is trying to attack or deceive you? Why or why not?*

*Have you tried resisting the enemy before? What happened?*

*On a scale from 1-10 (low to high), how willing are you to resist the enemy?*

**Prayer Points**

Use these prayer points to write and pray your own powerful prayer:

- Thank God for empowering you to resist the devil.
- Thank Jesus for being victorious at the cross to defeat the enemy.
- Thank God for His Word that you can boldly speak to resist the devil.
- Thank God for the armor that protects you.
- Commit to creating good daily habits that will help you resist the enemy.
- Declare that you will submit to God, draw near to God, and listen and know what God is saying.
- Praise God that the enemy is defeated.
- Thank God for the joy of the Lord being your strength.

**Action Steps**

- In your Healing University journal, divide the page into three parts. Label the three parts: Morning, Afternoon, and Evening. Think about Carlie Terradez's suggestion to take yourself off the enemy's menu so he won't devour you. Create your own menu of ways you can resist the devil throughout the day. You know what you typically face throughout the day and how the enemy tries to wear you down or throw lies at you. Write down several ideas tailored to typical attacks throughout the day. When you have several that you are aware of and familiar with, you can effectively resist him. You may want to write down specific things to pray and verses to declare. Keep a copy of this with you and refer to it often, until it becomes a habit to resist the devil and watch him flee.

- Settle in your heart that the enemy is defeated and God has given you the ability through Him, not in yourself, to be able to resist the enemy. Examine your heart and, when you are ready, make the following declaration and don't waver from it:

I believe that the enemy is defeated and God has given me the ability through Christ to resist the enemy. \_\_\_\_\_ (sign and date)

- Write your own answer to this question: *How will you resist the devil?*

## Need prayer?

Please call **719-635-1111** for prayer or for more information on Charis Bible College.

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