

GO DEEPER

Self-Examination Questions

What is your attitude toward imagination? How can using your imagination help you receive your healing?

Do you see yourself well, or do you see yourself sick?

Do you dream often? When you dream, do you dream about being healed?

Prayer Points

Use these prayer points to write and to pray your own powerful prayer.

- Thank God for imagination.
- Thank God for not creating sickness.
- Ask God to help you imagine yourself healed.
- Ask God to help you dream, think, and plan like a healed person.
- Ask God to direct you to scriptures to meditate on to help you have hope that turns into faith.
- Thank God for showing you your identity as a healed person.

Action Steps

- In your Healing University journal, write a diary entry imagining yourself totally healed. Explain the things you will do, say, eat, and the places you will go. Plan for the future in your healed existence. Repeat this every day for a week. Then, take a page in your journal and write down any ways you are beginning to see the healing manifest or how you are thinking or dreaming differently about yourself.
- Settle in your heart that your mind can imagine and get a picture on the inside of you that you are healed. As you build your hope into faith, the manifestation will happen in the physical realm. Examine your heart and, when you are ready, make the following declaration and don't waver from it:

I believe that inside me I will have a picture of myself healed and that it will manifest in the physical realm. _____ (sign and date)

- Make a list of scriptures to meditate on to build hope that will fuel your faith to be healed. Review these verses until you see them growing inside you and painting a picture of you exhibiting your healing.
- Write your own answer to this question: *How will the power of imagination impact healing?*

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