

GO DEEPER

Self-Examination Questions

What are some ways you may have contributed to your sickness? Does this negate God's grace for healing? Why or why not?

Why is wisdom important when thinking about your healing?

Personalize Barry's Closing Prayer

Father, I pray that I would have a deeper, more profound revelation of how good You are and how much You have poured out upon me and for me—everything I need to live a victorious, healthy life. There is grace for me, and I pray right now, even not knowing why I'm sick, not caring why, I just pray grace. I speak grace to my affliction, grace to the pain, grace to the doctor's diagnosis, and grace to the symptoms. I speak healing now, healing grace to receive the grace of God and believe that I'm receiving it. I believe I'm receiving Your goodness, believe my body is being healed, and as I stand in that grace, my body will respond. Hallelujah. Father, I thank You for Your precious promises. I give You all the praise and glory, in the name of Jesus. Amen.

Action Steps

- In your Healing University journal, write the letters of the word G-R-A-C-E vertically down the page. Use each letter to begin a phrase, sentence, or paragraph about your understanding of grace and how it applies to healing.
- Settle in your heart that God's grace for forgiveness and the grace for healing are the same grace available to you. Examine your heart and, when you are ready, make the following declaration and don't waver from it:

I believe and receive God's grace for my forgiveness of sins and for my healing.

_____ (sign and date)

- Write your own answer to this question: *How does God's grace apply to my healing?*