

**GO DEEPER**

**Self-Examination Questions**

*Do you really want to be healed? Have you grown accustomed to your sickness? Have you gotten to where you can live with it?*

*Do you think your sickness could be caused by sin, natural causes, or demonic attacks? Why? What will you do now to deal with the cause?*

**Prayer Points**

In Section 1, a personalized prayer was written to help you pray and to learn how to pray powerfully. In Section 2, use the prayer points to write and to pray your own powerful prayer:

- Thank God for His desire for you to be well.
- Thank God for not creating sickness.
- Ask God to help you discern the cause of your sickness.
- Rebuke anything demonic in Jesus' name.
- Commit to quitting something if necessary.
- Commit to changing something if necessary.
- Commit to being vigilant to do what you know you should do to avoid sickness.

**Action Steps**

- In your Healing University journal, copy the following, and use it as a checklist:

When something comes against me, I will pray and ask God:

- Am I opening up a door to the devil?
- Have I welcomed something in through sin?
- Is this caused by something natural that I've done?
- Is this a consequence of sin?
- Have I previously lived in sin and given Satan a legal right to afflict my body through some sickness?

When I discern that my sickness is as a result of sin or other natural causes, I will come against it in the natural by:

- Stopping the sin.
- Stopping whatever I know is naturally causing it.

When I discern that my sickness is a demonic attack, I will come against it in the spiritual by:

- Casting out the demon.
- Settle in your heart that some sicknesses are the results of sin, some have natural causes, and some are demonic. You need to spiritually discern the cause of the sickness and deal with it accordingly. Stop sinning, stop doing what naturally causes it, and cast out the demons. Examine your heart and, when you are ready, make the following declaration, and don't waver from it:

I believe that sin, natural things, or demonic attacks cause sickness. I will ask God to show me what causes my sickness and deal with it.

\_\_\_\_\_ (sign and date)

- Write your own answer to this question: *Why are you sick?*

## Need prayer?

Please call **719-635-1111** for prayer or for more information on Charis Bible College.

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