

**LESSON REVIEW
QUESTIONS**

1. What might result from an unwillingness to deal with stress?
2. How should a Christian deal with stress?
3. Describe what a believer's heart should be full of and what it should not have in it.
4. Where does the Bible address emotional healing?
5. What relational healing advice is given in Hebrews 12:14-15?
6. What are six practical ways to receive emotional and mental healing?