

Lesson 1

Why Are We Sick?

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VIDEO OUTLINE

Note: All scriptures used in this lesson are quoted from the *King James Version*.

I. Some causes of sickness are just natural, and other times they have a spiritual root. It is helpful to discern why we get sick and where these sicknesses come from.

A. Not everyone wants to be made whole.

And a certain man was there, which had an infirmity thirty and eight years. When Jesus saw him lie, and knew that he had been now a long time in that case, he saith unto him, Wilt thou be made whole?

John 5:5-6, KJV

B. Jesus told him to do something that he couldn't do.

The impotent man answered him, Sir, I have no man, when the water is troubled, to put me into the pool: but while I am coming, another steppeth down before me. Jesus saith unto him, Rise, take up thy bed, and walk.

John 5:7-8, KJV

C. You need to start pushing yourself and doing something that you don't feel like doing.

But wilt thou know, O vain man, that faith without works is dead?

James 2:20, KJV

II. Sin is an inroad of sickness into your life.

Afterward Jesus findeth him in the temple, and said unto him, Behold, thou art made whole: sin no more, lest a worse thing come unto thee.

John 5:14, KJV

- A. Sin opens the door to Satan who comes to steal, to kill, and to destroy. He will do it through finances, emotions, broken relationships, and also sickness.

The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.

John 10:10, KJV

- B. If you have lived in sin, you have opened up a door to the devil, and you need to shut that door. You need to rebuke the devil, command him to get out, and then lock the door.
- C. If a person is living in sin, and if sin is the avenue that Satan has into their life to bring sickness, God still loves them and wants them well. But you're actually doing them a disservice to just minister healing to them without confronting the sin. They will go back and live in that sin, reopen the door, and then that sickness will come back seven times worse.
- D. God's healing comes by grace, but there are consequences to sin.

Know ye not, that to whom ye yield yourselves servants to obey, his servants ye are to whom ye obey; whether of sin unto death, or of obedience unto righteousness?

Romans 6:16, KJV

- E. All of us sin by just failing to be the perfect person that we should be. There is a difference between a sin of omission, where you just aren't the perfect person that you know you should be, and a sin of rebellion, where you are absolutely persisting in something, yet you're asking for all of God's benefits while you're serving the devil.
- F. God loves you, but you are giving direct inroad to the devil, and God gave you authority over the devil.

Submit yourselves therefore to God. Resist the devil, and he will flee from you.

James 4:7, KJV

- III. There are some sicknesses that are just natural.

- A. God gave you wisdom to use your faith and believe, but at the same time, there are some things that are just natural.

- B. When you start experiencing some natural pain, you ought to recognize that there are some things that are natural and quit doing what causes you pain.
 - C. If you're doing something in the natural that is causing you problems, then there needs to be a natural response, although it can be coupled with a spiritual response.
 - D. If there are some natural things that are happening to you that are exposing you to sickness and disease, you need to take some precautions and deal with those things in the natural.
 - E. Physical accidents are an example of natural sicknesses.
 - F. Perhaps you have not taken care of your body. There are physical consequences of abusing your body.
 - G. You need a combination of saying, "God, forgive me. I draw on your power. I receive your healing," and quitting those natural things that are causing you to be sick.
- IV. There are some sicknesses that are just demonic attacks. Now, some of these things overlap because Satan can't just have access to you without your consent and cooperation.
- A. Suppose somebody around you caught a communicable disease and you inadvertently receive something that you didn't really want. It wasn't your sin that caused it to come. Nonetheless, there is something coming against you. It could be a demonic attack that you did not welcome. But in a sense you allowed it because you didn't stand on the promises of God's Word.
 - B. If we were all walking in the Word of God perfectly, I believe we could actually keep sickness from even coming nigh our dwellings.

There shall no evil befall thee, neither shall any plague come nigh thy dwelling.

Psalm 91:10, KJV

- C. Sometimes we aren't releasing our faith the way we should, so Satan can just come and attack us.
- D. Some things are not anybody's fault. Some things happen and they're demonic attacks.
- E. Some sickness can be a direct demonic attack. I believe that if you are trying to

heal something that is demonic in origin with some natural, organic method, it will be ineffective.

- F. There are ten different times recorded in the Gospels where Jesus cast devils out of people. These people were afflicted by:
1. Blindness and not being able to speak (dumbness) – Matthew 9:32–33, Luke 11:14, and Matthew 12:22
 2. Insanity, seizures, attempted suicide, foaming at the mouth, gnashing of the teeth, and screaming – Matthew 17:14–18, Mark 9:17–27, and Luke 9:37–42
 3. Being bowed over (scoliosis or curvature of the spine) – Luke 13:11–13 and 16
- G. Jesus healed people that were not oppressed of God but of the devil.

How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good, and healing all that were oppressed of the devil; for God was with him.

Acts 10:38, KJV

- V. Everything—all sickness, accidents, and tragedies—are somehow or another the result of this fallen world.
- A. The Bible says that in heaven there won't be any sickness or disease. So we can pray for that healing and wholeness right here on earth.

Thy kingdom come, Thy will be done in earth, as it is in heaven.

Matthew 6:10, KJV

- B. If you get the flu, yes, believe God for a healing, but at the same time, wash your hands, and quit going around people who have the flu (quit exposing yourself to it). There are some natural, common-sense things that you need to do in addition to standing in faith.
- C. There are sometimes that Satan comes against you with a sickness or a disease. When it's a spiritual attack like that, you have to fight it in the spiritual realm.
- D. You may be able to survive with sickness caused by the demonic, but you aren't going to have total freedom until you recognize that it is demonic.

E. Jesus commissioned His disciples to go out and heal the sick.

And when he had called unto him his twelve disciples, he gave them power against unclean spirits, to cast them out, and to heal all manner of sickness and all manner of disease.

Matthew 10:1, KJV

VI. You need to pray and let the Holy Spirit show you the cause of the sickness.

A. If there are things in the natural that you are doing that's causing sickness—whether it's sin, or simply doing something in the physical that's damaging your body—quit doing those things. Then believe for the supernatural power of God to flow, and you will walk free from them.

B. If it is just an attack of the devil trying to stop or hinder you from doing what God called you to do, then you must overcome it in the spiritual realm.

VII. You need to commit yourself to do what you know God has told you to do and then draw on the power of God. God will keep that which you commit to Him.

For the which cause I also suffer these things: nevertheless I am not ashamed: for I know whom I have believed, and am persuaded that he is able to keep that which I have committed unto him against that day.

2 Timothy 1:12, KJV

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