

**GO DEEPER**

**Self-Examination Questions**

*Do you really believe God wants you to prosper and be in health?*

*On a scale from 1-10 (low to high), how willing are you to commit to walking in the wisdom that you are learning?*

*Based on today's lesson, are there areas of unforgiveness and strife that are robbing you of health? What will you do about those areas?*

**Prayer Points**

Use these prayer points to write and to pray your own powerful prayer:

- Praise God that His wisdom will cause you to walk in healing.
- Ask God to reveal to you exactly who you need to forgive.
- Repent of any sin, especially sins of anger, strife, bitterness, unforgiveness, and offense.
- Thank God that He cleanses you and washes you from all unrighteousness.
- Offer forgiveness to each person that God brings to your mind.
- Thank God that repentance binds Satan.
- Declare that Satan has no place in your life and can no longer rob you of your health.
- Praise God for the peace that following His wisdom brings to your life.
- Thank God for the wisdom that you are gaining that will help others to also be set free.

**Action Steps**

- In your Healing University journal, create a visual representation of yourself as the “gardener of your heart” in regard to the wisdom of God leading to the uprooting of unwanted crops of unforgiveness and strife. Draw and label a picture showing each hurt that is a seed planted in your heart that needs to be weeded out through forgiveness. Show seeds that you allowed to grow due to offense and unforgiveness and the effects they have on you and your health. Imagine your prayer of confession

of that unforgiveness acts as weed killer. Apply the weed killer to keep the seed of offense and unforgiveness from continuing to grow and rob you of your health. Do not let the seed remain where it can reopen that hurt in you. Depict the removal of that seed from the garden of your heart and plant peace and joy in its place.

- Settle in your heart that God's will isn't just to heal you, but also that you walk in health. God's wisdom shows you how to walk in health. Examine your heart and, when you are ready, make the following declaration and don't waver from it:

I believe God wants me well and wants me to walk in health. I choose to apply God's wisdom to my life, and I choose to forgive so that health will spring up in me.

\_\_\_\_\_ (sign and date)

- Write your own answer to this question: *How will you use God's wisdom to gain and keep your healing?*

**Want somebody to agree  
with you in prayer?**

Please call **719-635-1111** for prayer or for  
more information on Charis Bible College.

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