

## SCRIPTURES

### Emotional and Relational Health

#### **2 Timothy 3:1**

*But know this, that in the last days perilous times will come.*

#### **Isaiah 61:3**

*To console those who mourn in Zion, To give them beauty for ashes, The oil of joy for mourning, The garment of praise for the spirit of heaviness; That they may be called trees of righteousness, The planting of the LORD, that He may be glorified.*

#### **Luke 21:33-38**

*“Heaven and earth will pass away, but My words will by no means pass away. But take heed to yourselves, lest your hearts be weighed down with carousing, drunkenness, and cares of this life, and that Day come on you unexpectedly. For it will come as a snare on all those who dwell on the face of the whole earth. Watch therefore, and pray always that you may be counted worthy to escape all these things that will come to pass, and to stand before the Son of Man.” And in the daytime He was teaching in the temple, but at night He went out and stayed on the mountain called Olivet. Then early in the morning all the people came to Him in the temple to hear Him.*

#### **Mark 4:19**

*And the cares of this world, the deceitfulness of riches, and the desires for other things entering in choke the word, and it becomes unfruitful.*

#### **1 Peter 5:7**

*Casting all your care upon Him, for He cares for you.*

#### **Revelation 3:15-16**

*I know your works, that you are neither cold nor hot. I could wish you were cold or hot. So then, because you are lukewarm, and neither cold nor hot, I will vomit you out of My mouth.*

**1 Peter 5:5**

*Likewise you younger people, submit yourselves to your elders. Yes, all of you be submissive to one another, and be clothed with humility, for “God resists the proud, But gives grace to the humble.”*

**James 4:6**

*But He gives more grace. Therefore He says: “God resists the proud, But gives grace to the humble.”*

**John 10:10**

*The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.*

**1 John 4:17**

*Love has been perfected among us in this: that we may have boldness in the day of judgment; because as He is, so are we in this world.*

**Psalms 147:3**

*He heals the brokenhearted And binds up their wounds.*

**Luke 4:18-21**

*“The Spirit of the LORD is upon Me, Because He has anointed Me To preach the gospel to the poor; He has sent Me to heal the brokenhearted, To proclaim liberty to the captives And recovery of sight to the blind, To set at liberty those who are oppressed; To proclaim the acceptable year of the LORD.” Then He closed the book, and gave it back to the attendant and sat down. And the eyes of all who were in the synagogue were fixed on Him. And He began to say to them, “Today this Scripture is fulfilled in your hearing.”*

**Proverbs 4:23**

*Keep your heart with all diligence, For out of it spring the issues of life.*

**Proverbs 13:12**

*Hope deferred makes the heart sick, But when the desire comes, it is a tree of life.*

**Isaiah 53:4-5**

*Surely He has borne our griefs And carried our sorrows; Yet we esteemed Him stricken, Smitten by God, and afflicted. But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed.*

**Psalms 34:18**

*The LORD is near to those who have a broken heart, And saves such as have a contrite spirit.*

**Hebrews 12:12-13**

*Therefore strengthen the hands which hang down, and the feeble knees, and make straight paths for your feet, so that what is lame may not be dislocated, but rather be healed.*

**Hebrews 12:14-15**

*Pursue peace with all people, and holiness, without which no one will see the Lord: looking carefully lest anyone fall short of the grace of God; lest any root of bitterness springing up cause trouble, and by this many become defiled.*

**John 4:14**

*But whoever drinks of the water that I shall give him will never thirst. But the water that I shall give him will become in him a fountain of water springing up into everlasting life.*

**John 7:38**

*He who believes in Me, as the Scripture has said, out of his heart will flow rivers of living water.*

**Matthew 12:34**

*Brood of vipers! How can you, being evil, speak good things? For out of the abundance of the heart the mouth speaks.*

**1 Peter 3:4**

*Rather let it be the hidden person of the heart, with the incorruptible beauty of a gentle and quiet spirit, which is very precious in the sight of God.*

**1 Thessalonians 5:23**

*Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ.*

**Hebrews 4:12**

*For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.*

**Psalms 103:1-3**

*Bless the LORD, O my soul; And all that is within me, bless His holy name! Bless the LORD, O my soul, And forget not all His benefits: Who forgives all your iniquities, Who heals all your diseases.*

**2 Corinthians 5:17**

*Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.*

**Philippians 4:8**

*Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.*

**3 John 2**

*Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.*

**Proverbs 17:22**

*A merry heart does good, like medicine, But a broken spirit dries the bones.*

**Philippians 4:6**

*Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God.*

**2 Timothy 1:7**

*For God has not given us a spirit of fear, but of power and of love and of a sound mind.*

**James 4:2**

*You lust and do not have. You murder and covet and cannot obtain. You fight and war. Yet you do not have because you do not ask.*

**John 14:13-14**

*And whatever you ask in My name, that I will do, that the Father may be glorified in the Son. If you ask anything in My name, I will do it.*

**Philippians 4:7**

*And the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.*

**John 14:1**

*Let not your heart be troubled; you believe in God, believe also in Me.*

**Proverbs 23:7**

*For as he thinks in his heart, so is he. "Eat and drink!" he says to you, But his heart is not with you.*

**Matthew 6:11**

*Give us this day our daily bread.*

**Psalms 118: 24**

*This is the day the LORD has made; We will rejoice and be glad in it.*

**Philippians 3:13**

*Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead.*

**John 16:33**

*These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world.*

**Revelations 12:11**

*And they overcame him by the blood of the Lamb and by the word of their testimony, and they did not love their lives to the death.*

**Genesis 1:31**

*Then God saw everything that He had made, and indeed it was very good. So the evening and the morning were the sixth day.*

**Psalms 139:14**

*I will praise You, for I am fearfully and wonderfully made; Marvelous are Your works, And that my soul knows very well.*

**Mark 16:18**

*They will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay hands on the sick, and they will recover.*

**John 19:30**

*So when Jesus had received the sour wine, He said, "It is finished!" And bowing His head, He gave up His spirit.*

**Philippians 2:9**

*Therefore God also has highly exalted Him and given Him the name which is above every name.*

**Hebrews 13:15**

*Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name.*

**Romans 12:1-2**

*I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.*

**Luke 10:41-42**

*And Jesus answered and said to her, "Martha, Martha, you are worried and troubled about many things. But one thing is needed, and Mary has chosen that good part, which will not be taken away from her."*

**Jude 20**

*But you, beloved, building yourselves up on your most holy faith, praying in the Holy Spirit.*

**Luke 17:1-5**

*Then He said to the disciples, "It is impossible that no offenses should come, but woe to him through whom they do come! It would be better for him if a millstone were hung around his neck, and he were thrown into the sea, than that he should offend one of these little ones. Take heed to yourselves. If your brother sins against you, rebuke him; and if he repents, forgive him. And if he sins against you seven times in a day, and seven times in a day returns to you, saying, 'I repent,' you shall forgive him." And the apostles said to the Lord, "Increase our faith."*

**Matthew 18:22**

*Jesus said to him, "I do not say to you, up to seven times, but up to seventy times seven."*

**Ephesians 5:22-23**

*Wives, submit to your own husbands, as to the Lord. For the husband is head of the wife, as also Christ is head of the church; and He is the Savior of the body.*

**1 Peter 3:7**

*Husbands, likewise, dwell with them with understanding, giving honor to the wife, as to the weaker vessel, and as being heirs together of the grace of life, that your prayers may not be hindered.*

**1 Peter 3:8-9**

*Finally, all of you be of one mind, having compassion for one another; love as brothers, be tenderhearted, be courteous; not returning evil for evil or reviling for reviling, but on the contrary blessing, knowing that you were called to this, that you may inherit a blessing.*

**James 5:13-16**

*Is anyone among you suffering? Let him pray. Is anyone cheerful? Let him sing psalms. Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. And the prayer of faith will save the sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven. Confess your trespasses to one another, and pray for one*

*another, that you may be healed. The effective fervent prayer of a righteous man avails much.*

## Need prayer?

Please call **719-635-1111** for prayer or for more information on Charis Bible College.

[awmi.net](http://awmi.net) | [charisbiblecollege.org](http://charisbiblecollege.org)

