

GO DEEPER

Self-Examination Questions

What do you already possess that the Enemy is trying to steal?

What fears do you have which are based on lies from the Enemy?

What does God's Word say that exposes the truth about those lies of the Enemy?

Personalize Carlie's Closing Prayer

Insert any personal ailment you struggle with into this prayer.

Lord, I ask You to make these words that I have heard today real to me. Holy Spirit, You open the eyes of my understanding, You open my ears to hear. Faith comes by hearing, and hearing by the Word of God, and signs and wonders follow those who preach the Word of God. They follow those who believe. So, right now, I release the power of God that's on the inside of me, in the name of Jesus. I release that power to flow through me from the top of my head to the soles of my feet, to drive out all sickness, to drive out all disease, to crush every lie of the Enemy, every disorder that's manifest in my body, in my mind, and in my life. Right now, I release that healing power to flow through me and to push out sickness and disease, right now, in Jesus' name. I take authority over all sickness, over all disease, over every negative doctor's report, over every tongue of judgment that has risen up against me. I judge and call those reports null and void, in Jesus' name. No weapon formed against me has the authority to prosper, no weapon formed against me will prosper in the name of Jesus. I come against tumors, I come against cysts, I come against overgrowth of bacteria, I come against all of those things in the name of Jesus, and I command them to retreat right now. I crush that work of Satan, right now, in Jesus' name. Thank You, Lord, that You're healing my _____ right now. Right now, I speak peace to _____ in my body, in Jesus' name. I release peace in the name of Jesus: peace in my heart, peace in my mind, peace over every system in my body, right now, in the name of Jesus. Amen.

Action Steps

- In your Healing University journal, write down a list of things that are from the Enemy in your life. Now take a red permanent marker and draw a circle with a slash through it to symbolize that they are not allowed in your life. Make a cross at the bottom of the page and write “Jesus came to destroy the works of the Enemy!” on the cross.
- Imagine yourself, not as you are right now—dealing with sickness or disease, seeing death in your body or death in your family—but as a child of the Most High God, as having defeated the Enemy. Write down what you imagine the *healed* you would say to the *current* you.
- Settle your heart that Jesus has come to set you free from the lies of the Enemy that have held you in bondage. Examine your heart and, when you are ready, make the following declaration and don’t waver from it:

I believe that Jesus came and completely destroyed the works of the Enemy in my life.
_____ (sign and date)

- Write your own answer to this question: *What will I say, do, and think about differently because I know that the Enemy’s lies are powerless?*
- Know the truth about what the Word of God says about you:
 - You are the righteousness of God; His power lives in you (2 Cor. 5:21).
 - You are blessed with every spiritual blessing in heavenly places (Eph. 1:3).
 - You have life and death in the power of your tongue (Prov. 18:21).
 - You have faith on the inside that will move mountains (Matt. 17:20).
 - Everything that you touch prospers (Ps. 1:3).
 - You are above the circumstances and not beneath them (Deut. 28:13).
 - You are a child of the Most High God, seated with Him in heavenly places. You are full of power and love (Eph. 2:6).
 - You have not been given a spirit of fear, but of power and of love and a sound mind (2 Tim. 1:7).
 - You have been given the fruit of the spirit (Gal. 5:22-23).
 - No weapon formed against you will prosper, and every tongue that rises against you in judgment, you will condemn (Is. 54:17).
 - You will speak of the goodness of God in the land of the living (Ps. 27:13).
 - You can resist the Enemy, and he flees from you (James 4:7).